

# Application

1. Cheer –

Parent starts: **Rest! Rest!**  
Kids respond: **Rest in the LORD!**  
Parent: **Rest! Rest!**  
Kids: **Rest in the LORD!**



OR

2. Music – Sing this to the tune of “The Ants Go Marching”

**David is resting in the LORD.**  
**Hoorah! Hoorah!**  
**David is resting in the LORD.**  
**Hoorah! Hoorah!**  
**David is resting in the LORD.**  
**He killed a lion without a sword;**  
**And he knows who will save him**  
**From Goliath.**  
**It’s the LORD;**  
**Rest in Him.**  
**Boom, boom, boom, boom!**



3. Play Acting

This is a great story to act out. Assign parts...David, sheep, Saul, David’s brothers, Goliath, Saul’s army, Philistine army and David’s father. You’ll most likely be giving multiple parts out to each person.

If you have a one parent, one child household, just act this out scene by scene (1<sup>st</sup> scene – David and sheep; 2<sup>nd</sup> scene – David and Saul; 3<sup>rd</sup> scene – Philistine army and Israelite army; 4<sup>th</sup> scene – Goliath and Israelite army; 5<sup>th</sup> scene – David and his father. You get the idea. Just go with it and have fun) or, parent, you be the narrator and let your child act it out as you read.



In our home, Goliath is usually Dad (or an older sibling) covered by a blanket with a small child on his shoulders. Have one person read the story while the rest act it out, repeating the lines. Or, if you know the story well enough, act it out without a narrator. This is one of our favorite activities. Have fun making God’s Word come to life.

4. Discussion Question – **How do you think you would have felt if you had been with the Israelite army that day, and watched a giant come out angrily against you? What do you think you would have done?**



5. Memory – the fourth Word of Grace: **Rest**

**Rest in the LORD your God**

Psalm 62:1,2 – **“My soul finds rest in God alone; my salvation comes from him. He alone is my rock and my salvation; he is my fortress, I will never be shaken.”**

Psalm 62:5-8 – **“Find rest, O my soul, in God alone; my hope comes from him. He alone is my rock and my salvation; he is my fortress, I will not be shaken. My salvation and my honor depend on God; he is my mighty rock, my refuge. Trust in him at all times, O people; pour out your hearts to him, for God is our refuge.”**

